

TEDx Viewing Party Series

What if, instead of avoiding uncomfortable conversations about sexual violence, we could just get better at having them?

The Opportunity:

Sarah Beaulieu, a Boston-based writer, speaker, and advocate, is hosting a viewing party series for her TEDx talk: [An Uncomfortable Conversation Worth Having](#). Sarah, who is a survivor herself, has spent the past several years talking to hundreds of men about what makes the conversation about sexual violence so uncomfortable. In her talk, Sarah unpacks the five key lessons she's learned about the mindset necessary to transform stigmatized and judgmental conversations about sexual violence to conversations that promote healing and change. Her talk offers practical wisdom about how to tell the truth about sexual violence, getting comfortable with being uncomfortable, dropping the blame game, being practical, and the magic in believing in the power of healing.

Sarah's goal, aligned with the TEDxBeaconStreet mission to put ideas into action, is to use the talk to spark conversations with 100,000 men across the country, empowering them with the tools and confidence to support survivors in their lives.

Campus and Community Engagement:

- Invite friends, classmates, or members of the community to attend a viewing party. [Sign up on Sarah's website.](#)
- Watch the TEDx talk together via [TEDxBeaconStreet's](#) YouTube channel at one of the dates and times below. You'll need a screen large enough for your group to see and an internet connection.
- Participate in Live Q&A on Facebook through [The Enliven Project with Sarah Beaulieu](#) blog page. You can follow along using the questions outlined below, and ask your own questions via Facebook.
- Based on live discussions, Sarah will also offer a 3-part webinar series in March and April that members can attend individually or as a group.

Dates (Please refer to website for most up-to-date list of options):

- January 11, 2017, 6pm ET: Post-Talk Discussion for All Audiences
- January 11, 2017: 9pm ET: Post-Talk Discussion for All Audiences
- January 25, 2017, 12pm ET: Post-Talk Discussion for All Audiences
- January 30 2017, 8:30pm ET: Post-Talk Discussion for Allies and Advocates
- January 30 2017, 10:30pm ET: Post-Talk Discussion for Allies and Advocates
- January 31, 2017, 8:30pm ET: Fraternity Viewing Party + Q&A
- January 31, 2017, 10:30pm ET: Fraternity Viewing Party + Q&A
- February 8, 2017, 8:30pm ET: Fraternity Viewing Party + Q&A
- February 8, 2017, 10:30pm ET: Fraternity Viewing Party + Q&A
- February 13, 2017, 8:30pm ET: Fraternity Viewing Party + Q&A
- February 13, 2017, 10:30pm ET: Fraternity Viewing Party + Q&A
- March 1, 2017: 6pm ET: Post-Talk Discussion for All Audiences

Sample Discussion Questions:

- What images came to mind for you at the beginning of the talk? Are they different now? If so, how?
- What makes you feel the most uncomfortable when it comes to talking about sexual violence?
- Have you ever cast blame when it comes to sexual violence? Why? Did it help make the conversation more or less comfortable? Have you ever been the recipient of blame? How did that make you feel?

- When did you first encounter a survivor of sexual violence? What emotions did it bring up? What are some of the things you said and did? Looking back, would you say or do anything differently?
- How do you talk about sexual violence with your female friends? How about your male friends? What makes it easy/hard or comfortable/uncomfortable?
- What are some of the obstacles men face when speaking up or seeking support about sexual violence? Would you be prepared to support a male friend who is a survivor? Why or why not?
- What practical questions do you have about sexual violence or for survivors themselves?
- Who else in your life do you think would benefit from a conversation about sexual violence? Are you willing to start one with them?

About Sarah Beaulieu:



Sarah Beaulieu writes frequently about sexual violence on The Enliven Project, her personal blog, and is a contributor to The Good Men Project and Huffington Post. Her work has been published by the Providence Journal, AskMen.com, Cognoscenti (WBUR), the Nonprofit Quarterly, Commonwealth (WBUR) and the Stanford Social Innovation Review.

Sarah is an experienced speaker and presenter on a variety of topics ranging from fundraising, networking, and sexual violence. She has shared her personal story of sexual violence since college where she was the featured survivor speaker at Take Back the Night, and has served as a member of the Survivor Speakers' Bureau at the Boston Area Rape Crisis Center since 2009.

Sarah graduated from Brown University with a B.A. in women's studies and religious studies, earned an M.B.A. from the Carroll School of Management at Boston College and completed graduate coursework at the Boston University School of Social Work. Sarah serves on board of the Boston Area Rape Crisis Center, one of the nation's oldest rape crisis centers, where she started as a medical advocate and survivor speaker. She actively participates in the community as a volunteer and mentor.

Sarah lives in Boston, MA with her husband, Marc, two young children, and dog. You can find Sarah on Twitter at @sarahbeaulieu and online at sarahbeaulieu.me

**If you need support after watching or discussing the talk,
please don't hesitate to reach out to the National Sexual Assault Hotline at 800.656.HOPE.**